



VOLUME: II

MARCH 2024

ISSUE: 3

Happy Leap Year, St. Patrick's Day, and Easter, everyone!

As we finish Lenten activities and welcome Easter at the end of this month, may we continue to be Easter People and to shine Jesus' light throughout the entire year! Take your time to look over the many available offerings throughout this newsletter; join us when you can!

A Word From Our Pastor

March Newsletter

What to write, what to write? It is March, and Easter rounds out this month, so it seems that Easter would be a perfect topic to talk about. But, I rather like the way that we work our way through Lent and celebrate on Easter morning, so I don't want to "ruin the surprise" of that Holy day in an article. So, what to write?

Do you ever put too much pressure on yourself to do something perfectly? I do, and I bet there are others who are reading this, that also do. I want to write an article that is inspirational, articulate, funny, theologically sound, captivating, emotional.... that grips the reader so that they say to themselves, "I am better for having read that". Seems silly seeing this on paper, and I am feeling vulnerable having wrote that for all to see, but it is honest.

It also tends to bite me in the behind! It causes trouble because in wanting it to be perfect I have a hard time selecting the topic, the scripture, the editing, and releasing the final draft, until I am at the deadline (or past). I am sure that several of you have bitten your nails wondering if I would get things to you. I know who you are.

Perfectionism is a problem. A real problem. I was taught as a high school student that when preparing for interviews, to find a positive and use it as a negative when the interviewer asks, what are your faults? Perfectionism was given as an example, and we were taught to say something like this, "I am a perfectionist, so I often times work until I get things exactly right." Do you see how that worked? Looks good. But it is not good. To the employer, it may look like you are willing to work extra hours to get a task done, without the pay. Or that you are detail oriented. And while those are good things for the employer, it can be not so good for you.

Perfectionism leads to saying "yes" to far too many things because you want them done a certain way. It means losing precious sleep and working until 3:00 a.m. to make changes. It means hours of research and rewriting (or pulling out rows of stitches of yarn in a project, or painting over something and re-painting, or whatever you might be doing). It means starting early so that you can be done early, only to find that the deadline has arrived, and you are not quite sure it is good enough to hit send. It causes anxiety in possibly making mistakes or getting something wrong, upsetting someone, not doing enough, and....

That is not the life that God wants for us. The second week of Lent, the scripture reading is in Mark 8 and includes the verses 34-36, "He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it,

and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life?"

We often think of the cross we bear as a trail or burden that we must live with, or carry, but maybe that is not the way to think about it. It could just as well be something that gets in the way of our relationship with Jesus. What are we doing with our lives? What kind of life are we living? Could my perfectionistic tendencies be getting in the way of my relationship with God? I know that in my doing, I have not had time to spend with my Bible reading for myself. Is my trying to get "things" right getting in between myself and God? Because isn't HE truly what I should focus on? You would think as a perfectionist, I would work harder to get that right instead of the "things" I am doing. Also, why am I not trusting more in the abilities God gave me, than MY idea of what is good enough?

Maybe in the denying themselves, he's inviting us to deny the part of us that always creates a list of demands and to-do's. Or the part of us that thinks only we can get it right. Or the part of us that has the negative tape running that says terrible things about ourselves. Or the part of us that thinks they never need help. Or the part of us that never want s to try for fear of failure. Or (insert your "things" here.....) No really, write yours there.

I believe Nadia Bolz-Weber said it best, "In the end, one aspect of the whole death and resurrection thing that Jesus promised us, is the death of the false self." Who do we think we are? Or maybe, who or what are we trying to be? If we don't think about these things that get in our way, of our living authentically, of having peace, of finding joy, but most importantly, of following Jesus Christ, then we will miss out. We were created for holy things. For good things. For being who God created us to be, which is to live with love, born of God, full up to the top and spilling over onto others. Think about it. Maybe you don't have perfectionistic tendencies, but we all have something that causes us trouble. It is time to figure it out and deny it access. It is a part you don't really want anyway. I for one will be kicking perfectionism to the curb. Death to the false self!

Pastor Helen





CHURCH CONTACT INFORMATION: TRINITY UNITED METHODIST CHURCH

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PHONE: 989-685-2350

CHURCH'S EMAIL: trinityumcroc@gmail.com

OUR CHURCH'S WEB ADDRESS IS: www.rosecitytrinityumc.org

Worship service are on Sunday Mornings at 9:30 a.m. in person and live stream on Facebook.

Church Staff Contact Information:

PASTOR: HELEN ALFORD **PHONE:** 989-390-1835

LAY LEADER: TERRILYNN HIBEN

STAFF- PARISH RELATIONS: MARVA HARTMAN

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Please remember to contact **Lee** to book the usage of any church facilities (Family Center, Church and/or Basement) for any reason (whether church-related or not). **ALL** facility users **MUST** check with Lee to ensure that the building space is available.

Our SAS Team Leaders

Our Leadership Team began to meet in January 2024. Should you, as parishioners, have any questions and/or suggestions for where our congregation members should be sharing God's word within our living community... please share them with our new leadership team.

Team members are: **SHARON ALDERTON, EVELYN DELANEY, LINDA GRAHAM, MARVA HARTMAN, PAUL HIBEN, CINDY LEE, ROD MASON, AND DORIS ROBERTSON.**

Please continue to pray for our church leaders as they prayerfully lead us as a congregation in the ways we want to live and grow in Christ.

CHECK OUT OUR CHANNEL.



Go to YouTube, log into your Gmail account, type in "trinity united methodist church of rose city" and our home page will appear under a list to choose from. Be sure to **SUBSCRIBE**, and share our services on your social media accounts! The more that see us online, the more that may join us in person! Sharing online is **FREE**! Plus new church members can be gained into our congregation this way!

Upcoming Community Event

On March 4th and 5th (Monday and Tuesday) at Trinity's Family Center, a **FREE** training will be offered to the community. AuSable Valley CMH will be presenting the 2-day **LivingWorks ASIST** (Applied Suicide Intervention Skills Training) Interactive Workshop. It is 8:30am-4pm. participants must be **PRE-REGISTERED BY FEBRUARY 29TH** to diane.gorney@avcmh.org. The flyer is currently available in the Family Center for any who are interested.

Easter Activities

Volunteers are always needed for various events throughout the year. Contact Pastor Helen or sometimes, Jeff, to get more information for upcoming Easter related events.

*J*UDE'S JEMS:

Patience with others is LOVE.
Patience with self is HOPE.
Patience with God is FAITH.

March Worship Teams

3G

REETER: Jay & Deb Pennell
LITURGIST: Gary Asel
CHILDREN'S WORD: Linda Wend
COFFEE HOUR: DeAnna Beehler

24

GREETER: Fred & Evelyn Delaney
LITURGIST: Nick Holton
CHILDREN'S WORD: Evelyn Delaney
COFFEE HOUR: Polly Mason

10

GREETER: Cindy Lee
LITURGIST: Abbey Reimer
CHILDREN'S WORD: Judy Asel
COFFEE HOUR: Sharon Alderton

31

GREETER: Mike & Glenda Brick
LITURGIST:
CHILDREN'S WORD:
COFFEE HOUR: EASTER—None

17

GREETER: Julie Beleck & Steve Kimball
LITURGIST: Ramona Ridalls
CHILDREN'S WORD: Deb Pennell
COFFEE HOUR: Marva Hartman

ACOLYTE: JAMES CLARK

USHERS: JIMMY RICKERT & LEE ROUSE

MARCH'S COMMUNITY OPPORTUNITIES AT A GLANCE

SUNDAY SCHOOL – EVERY SUNDAY at 10:45 to 11:45 for ages three through 12th grade.

CHOIR PRACTICE– TUESDAYS at 6:30 pm in the sanctuary.

CHAIR YOGA Every Thursday at 10 am. All are welcome to come exercise with us!

ABBEY'S BIBLE STUDY– Most Thursdays at 6 pm in the Family Center.

4 & 5 LivingWorks provides Applied Suicide Intervention Skills Training (ASIST) Interactive Workshop. Both day 8:30am-4pm.

13 UNITED WOMEN IN FAITH–10 a.m. in the Family Center

6, 13, 20 LENTEN BIBLE STUDY, AT 12:00 PM. ON WEDNESDAYS, at our Family Center with a lunch at Trinity. Books will be available to purchase. All are encouraged to attend.

16 VICTORIAN TEA. Get tickets for the event from Evelyn Delaney or other UWF Women in Faith in the Family Center.

4 PALM SUNDAY

28 5:30 PM MAUNDAY THURSDAY AT ROSE CITY UMC, Tacos with a service including hand washing to follow the meal. See enclosed slide on page 4.

29 GOOD FRIDAY AT CHURCHILL UMC time to be determined

31 EASTER SONRISE SERVICE AT 7:30 AM, BREAKFAST AT 8:30 AM, & REGULAR SERVICE AT 9:30 AM.

OUR BLESSING BOX

Provides staple foods and other supplies, 24 hours a day, for anybody in our community who is in need. Baby supplies, cereals, boxed items, rice, canned goods, etc. keep best. Laundry soap, shampoo/conditioner, toothpaste/brushes, toilet paper, deodorant, cleaning supplies, and the like, are needed, too.

You may donate items at any time by placing in them in the Blessing Box or contacting 989-390-1835 to set up a delivery time, as overflow is kept inside the Family Center, and put out daily as needed. If you don't want to shop but want to donate cash, you may do so.

Plus the **BLESSING BOX** has a brand new Facebook page with a link to Walmart for anyone to place orders and that will be directly delivered to us. Check it out!!

Contact **MIKE BRICK** or **PASTOR HELEN** for more information.

DAYS FOR GIRLS

We meet the last **THURSDAY** of the month to create feminine supplies for DFG. We will continue to get together and work on the kits right through winter if the weather allows. Bring \$2 for lunch at the senior center, \$3 if you are under 60 years of age. It is amazing what our wonderful little group has accomplished.

Come join us at 10AM and enjoy the company of some amazing women while doing rewarding work. We usually call it a day by 2PM or 3PM.

Contact Cora Killinger for additional information.

**REACH OUT with a card and/or
a visit...**

JENNEL FIELDS
(JONATHAN McLAREN'S MOM)
1268 S. Sage Lake Road
Hale, MI 48739

MICKEY SAMMONS
361 E. Houghton Creek Rd.
Rose City, MI 48654

JOHN & DIXIE NUGENT
966 Lighthouse
Marysville, MI 48040

And looking ahead...

APRIL 2024

MAY 2024

JUNE 2024
5TH SUNDAY SERVICE

JULY 2024
FOURTH OF JULY PARADE

ONGOING PRAYER CONCERNS:

PLEASE CONTACT our PUBLISHER OR EDITOR:

If you know of others who, should be added and/or removed or, if you are listed below, and wish to be removed from our prayer concern list.

CHURCH FAMILY CONCERNS

- ♥ Pastor Helen Alford & Family
- ♥ Harper (6 years old)
- ♥ Krystal
- ♥ Natalie (2 years old)
- ♥ Chuck Beehler
- ♥ Dean Clark
- ♥ Mae Delaney
- ♥ Jennel Fields
- ♥ Russell Hall
- ♥ Denny Lamb
- ♥ Rod Mason
- ♥ Jonathan McLaren & Family
- ♥ Lee O'Connor
- ♥ Johanne Otteson
- ♥ John Nugent
- ♥ Jay Pennell
- ♥ Doris Robertson
- ♥ Roger Robertson
- ♥ George Savage (3 years old)
- ♥ Nick Teeples

♥ Don Tryba

FAMILIES IN MOURNING

- ♥ Roxanne L. Benjamin
- ♥ Karen Rasch Beyerline

MILITARY

- Jayden Clark
- Izzy DeCosta
- Noah Hartman
- Will Kerley
- Nathaniel Perry

MISSION GROUPS

- ♥ Lydia's Gate
- ♥ His Love Family Resources
- ♥ Rayola

EMTS, FIREFIGHTERS, & POLICE

SEARCH & RESCUE

- ♥ Abbey Reimer, Lily & Robin

NATURAL DISASTERS

- ♥ All communities dealing with weather related issues

March Birthdays

Polly	Mason	23
DeAnna	Beehler	24

March Wedding Anniversaries

Nick & Lorie	Holton	3
Lee & Peggy	Rouse	28

We are missing birthdays and/or wedding anniversaries for many of our months. Please assist us to keep this information up to date! Email information to:

TrinityTribune.RC@gmail.com

To add your information into our membership roll information bank, look for the slips on the back table in the sanctuary. Please let the **EDITOR** know if you would rather not have your personal information shared in our newsletter. **THANK YOU!**

MAUNDY THURSDAY

"I give you a new commandment"



We invite you to share a meal with us!

Thursday, March 28th

5:30 pm in our Family Center.

125 W Main Street, Rose City, MI

Family Style Taco Dinner

Spring Forward!



**Daylight
Savings
Begins**



March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 <ul style="list-style-type: none"> • 9:30 A.M.- WORSHIP Services in person or on Face- book online • 10:45 AM SUNDAY SCHOOL (FC) 	4 <ul style="list-style-type: none"> • 8:30 a—4p Living Works ASIST Interac- tive Training (FC) 	5 <ul style="list-style-type: none"> • 8:30 a—4p Liv- ing Works ASIST Interac- tive Training (FC) • 5:30 - 9 PM CHAMPIONSHIP SPORTS CHEER- LEADING (FC) 	6 <ul style="list-style-type: none"> • 12 NOON- LENTEN BIBLE STUDY (FC) • 5:30 - 9 PM CHAMPI- ONSHIP SPORTS CHEERLEADING (FC) • 6 PM ABBEY'S BIBLE STUDY (C) 	7 <ul style="list-style-type: none"> • 10 AM CHAIR YOGA (FC) 	8	9
10 <ul style="list-style-type: none"> • 9:30 A.M.- WORSHIP Services in person or on Face- book online • 10:45 AM SUNDAY SCHOOL (FC) 	11	12 <ul style="list-style-type: none"> • 5:30 - 9 PM CHAMPIONSHIP SPORTS CHEER- LEADING (FC) 	13 <ul style="list-style-type: none"> • 10 AM UNITED WOM- EN IN FAITH (FC) • 12 NOON- LENTEN BIBLE STUDY (FC) • 5:30 - 9 PM CHAMPI- ONSHIP SPORTS CHEERLEADING (FC) • 6 PM ABBEY'S BIBLE STUDY (C) 	14 <ul style="list-style-type: none"> • 10 AM CHAIR YOGA (FC) 	15	16 <ul style="list-style-type: none"> • VICTORIAN TEA (FC)
17 <ul style="list-style-type: none"> • 9:30 A.M.- WORSHIP Services in person or on Face- book online • 10:45 AM SUNDAY SCHOOL (FC) 	18	19 <ul style="list-style-type: none"> • 5:30 - 9 PM CHAMPIONSHIP SPORTS CHEER- LEADING (FC) 	20 <ul style="list-style-type: none"> • 12 NOON- LENTEN BIBLE STUDY (FC) • 5:30 - 9 PM CHAMPI- ONSHIP SPORTS CHEERLEADING (FC) • 6 PM ABBEY'S BIBLE STUDY (C) 	21 <ul style="list-style-type: none"> • 10 AM CHAIR YOGA (FC) 	22	23
24 PALM SUNDAY <ul style="list-style-type: none"> • 9:30 A.M.- WORSHIP Services in person or on Face- book online • 10:45 AM SUNDAY SCHOOL (FC) 	25	26 <ul style="list-style-type: none"> • 5 PM SAS MEETING 	27 <ul style="list-style-type: none"> • 12 NOON- LENTEN BIBLE STUDY (FC) • 6 PM ABBEY'S BIBLE STUDY (C) 	28 <ul style="list-style-type: none"> • 10 AM CHAIR YOGA (FC) • 5:30 PM MAUNDAY THURSDAY AT ROSE CITY 	29 <ul style="list-style-type: none"> • GOOD FRI- DAY SER- VICE AT CHURCH- ILL- TIME TBD 	30
West Branch / Rose City Area Schools Spring Break						
31 EASTER <ul style="list-style-type: none"> • 7:30 am SONRISE SERVICE with • 8:30 am EASTER BREAKFAST to follow • 9:30 A.M.- REGULAR WORSHIP Services in person or on Facebook online. • NO SUNDAY SCHOOL. 						